



Naremburn Matters

December 2013 Vol.9, No.3

Circulation 3,000

The newsletter of the
Naremburn Progress Association (NPA)

School campaigner coming to NPA

A key campaigner for more public schools on the north shore, Steph Croft, will be guest speaker at the February meeting of the NPA.

Steph Croft is president of Willoughby Girls High School's P and C association and has been a vocal campaigner for increasing public school facilities on the north shore. Come along to hear her speak about what the increase in government funding will mean for our kids and what still needs to be done. She will be speaking on Thursday 13 February at 7.30 pm. The meeting will be held at the Parish hall of St Leonard's Church, Willoughby Rd unless otherwise notified.



Season's Greetings from the NPA

**Merry Christmas
and a Happy New Year**

To all our members, volunteers, readers and advertisers

NPA Annual General Meeting

The Naremburn Progress Association (NPA) will hold its Annual General Meeting (AGM) on 13 March. This is a great opportunity to become involved in your local community. It is anticipated that the meeting will be held at the Parish hall of St Leonard's Church.

Naremburn Library revamp

Naremburn Branch Library closed temporarily for renovations from 12 noon, Saturday 23 November and will reopen in March 2014.

As a result we can all look forward to a refurbished library in the Naremburn Community Centre at 7 Central Street. It will not only increase the library and community learning multifunctional area, but also offer a new community space for hire.

During the closure of the Naremburn Library, its collection will be temporarily stored off site and no returns will be accepted in the Naremburn Library. Customers can return items to Chatswood Library on The Concourse, or at any of the branch libraries at Artarmon, Castle Cove, Northbridge and West Chatswood.

The improvements to Naremburn Library are part of Willoughby City Council's program of upgrades to community facilities. It will be marvellous when the new improved Naremburn Library reopens with a refreshed collection in March 2014.

For more information about the Naremburn closure or to explore other library services please visit www.willoughby.nsw.gov.au/library

Happy reading and best wishes for the festive season.

Diana Revington
Naremburn Branch Librarian

**NAREMBURN
VILLAGE SHOPS**

Photographic artwork by:
David Waters
7 June 2005





Naremburn Progress Association
Founded 1901
Incorporated 2004
ABN 93 907 169 376
PO Box 393
St Leonards 1590

www.naremburnprogress.org.au

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Vice President

Helene Kemp: 0403 015 004

Secretary

Roger Promnitz: 0419 227 986

Treasurer

Carmen Loecherer: 0409 766 470

Committee Members

Viviane Leveaux
Joann Morand

General Meetings

Second Thursday of the month
excluding January and July
St Leonard's Parish Hall
Willoughby Road
Commencing at 7:30 pm with an Open Forum

**Naremburn Matters
Editorial Committee**

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Typesetting & Printing by

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The opinions expressed in articles, letters and contributions published in Naremburn Matters do not necessarily reflect the opinions of the Naremburn Progress Association or its officers. While all possible care is taken to be accurate, no responsibility whatsoever will be taken by the Naremburn Progress Association, Typesetters or Printers.

President – out and about

Our President, Frances O'Brien, has been called away to the country on family business which has prevented her from writing to you this time, however she hopes to be back in time for the next NPA meeting – the last of the year.

As we come to the end of the year it appears that the "silly season" has hit us early – the traffic is hideous, the shops are crowded and the schools are winding up their activities for the year. Many of our young community have finished their final school exams and their HSC results are around the corner. We wish them well for the future.

The proposed redevelopment of the Chanel 9 site remains an area of concern for both the NPA and the community. At a public meeting held by Willoughby Area Action Group (WAAG) and related Progress Associations on 28 October, Channel 9's final submission to NSW Planning was presented. This remains 50% bigger and higher than the plan presented by Willoughby City Council (WCC) and supported by the community. Again the community rejected Channel 9's submission. We are heartened to have the ongoing support of WCC, the Mayor Pat Reilly and our local member The Hon Gladys Berejiklian, both of whom spoke passionately against Channel 9 and in favour of us, the community. Letters of objection have been sent by many of you, Sam Haddad, NSW Planning Director General, and Adrienne Kibble, the Chair of the Planning Assessment Commission (PAC) – thank you. NSW Planning is to prepare a report with their recommendations for PAC who in turn, as part of their assessment, is obliged to hold a public meeting to hear from interested parties. We will endeavour to keep you updated on the ongoing developments.

Due to the temporary closing of the Community Centre for refurbishment we will need to relocate our meetings for December, February and March (no meeting in January). Father Curry, the Parish Priest of St Leonard's Catholic Church, has very kindly made their church hall available to us so please note the change of venue in your diaries.

The 14 December meeting being the final of the year, the NPA Executive would like to invite residents who have an interest in their local community to come to the meeting as a guest, see what we do, have a chat and a bit of Christmas Cheer. Equally if you are a member and interested in being more involved or considering nominating yourself or a friend for a position on our Executive please join us.

The AGM is held at the March meeting (13 March 2014) at which time all the Executive Positions become vacant, nominations are taken for the vacant positions, voted upon and appointed for the following twelve months.

Our thanks go to the many businesses that have supported us throughout the year. Without that support we would not be able to continue publishing your newsletter.

It remains to wish you all a very Merry Christmas and Happy New Year from Frances and all the members of the Naremburn Progress Association Executive.

Helene Kemp

Vice President, NPA

Letters to the Editor & Articles

Articles or comments or suggestions to:

The Editor, naremburn.matters@naremburnprogress.org.au

or mail to: PO Box 393 St Leonards NSW 1590

Next Issue: March 2014

Naremburn Matters is a quarterly publication issued in March, June, September and December.

March issue deadlines

Ad Booking: Monday 27 January
Ad Artwork: Monday 3 February
Articles: Wednesday 5 February

naremburn.matters@naremburnprogress.org.au

Under Copyright Laws a copy of each issue is forwarded to the State Library of NSW

NPA Meeting Dates

**Second Thursdays
7:30 pm**

12 December 2013
No meeting in January
13 February 2014
13 March 2014

**St Leonard's Parish Hall
Willoughby Road**
Unless otherwise notified

Who can be a member of the Naremburn PA?

- Naremburn residents – 18 years and over;
- Non-resident Naremburn property owners;
- People who run businesses in Naremburn.

\$10 per person per annum
\$5 Concession per person per annum

Fees for the calendar year are set in March and are due for payment by 15 June each year in order to retain membership rights.

www.naremburnprogress.org.au

Treat them mean and keep them green!

Do you have any indoor plants? If so, have a look at them; no *really* have a look at them. How are they? Are they alive and healthy or are they looking a little sad?

Many people are scared to grow indoor plants, but believe me there is nothing to fear; they are quite easy to look after once you have selected the right plant. There are a lot of plants that can be used as indoor plants. In general they prefer filtered light, which doesn't mean direct sunlight streaming in from outside, simply a nice bright area. Some of the hardier ones will even grow in darker spots. The Peace lily (also known as Madonna lily), which is a *Spathiphyllum* is a great indoor flowering plant that will grow in most indoor areas. The *Rhapsis* palm will grow in very light areas as well as quite dark ones. *Dracaenas* are also great indoor plants, and they come in different sizes and shapes.

Head to the local nursery or jump on the internet and do a little research as to what sorts of plants are available, then choose something to liven up a dull space or fill an empty area in your house.

Indoor plants come in different sizes and shapes and some have coloured leaves, or will even flower. They can be grown in decorative pots and placed on the floor, table, windowsill or benchtop depending on the size of both the plant and pot.

Are you someone who has failed in growing indoor plants before? Which one are you: the overwaterer or underwaterer? Those are the main two causes of indoor plant fatalities. The best bit of advice to keep your plants alive and looking green and healthy is to use slow-release fertilizer and don't overwater; keep them on the dry to just moist side. Use a moisture meter to check the moisture level or put your finger in to test the moisture of the soil or simply do what I do, which is to water them just as they start to wilt: 'treat them mean and they stay green!'

Indoor plants can be planted directly into a decorative pot with a good-quality potting soil or you can slip the plant in its original plastic pot into a decorative pot, which makes it easier to change a plant if you do happen to murder it.

Every so often move the plants outside to give them some fresh air and, as you do with everything else in the house, wipe over and dust the leaves so they can breathe. So bring



A splendid example of a potted Rhapsis palm.



Two or three Spathy's are better than one!

some greenery inside or even use some indoor plants to brighten up a shady patio or balcony and remember to treat them mean and they will keep on being green!

Andy

41 Central Street



Peter Chauncy and his team at McGrath Crows Nest

There has been no denying the popularity of Naremburn for some years but demand has now reached new benchmarks evidenced by over 160 transactions this year. Having been involved in most has given us an invaluable insight into the rising values and the key markets where buyers are moving from.

This is a broad recovery across all price ranges and 4 recent sales over \$2 million proves the suburb is now a genuine alternative to other lower north shore areas that have traditionally attracted premium buyers.

The question on everyone's mind — Is the cycle peaking or is the best yet to come? Our view is that at the very least market conditions will remain buoyant whilst interest rates remain stable.

For sellers in a position to make a short-term move our strong advice is to capitalise on the early New Year

market — year after year and regardless of market conditions February has produced the highest clearance rates and prices above expectations. It's a simple case of supply, demand and fresh energy.

A short Xmas break after a frenetic final quarter will lead to a deep level of pent up demand in the first couple of months which is unlikely to dissipate until stock levels inevitably rise further into the year. Having said that, 2014 in general is looking like an opportune time for Naremburn owners to maximise their equity position. We have worked long and hard to promote the benefits of the suburb and it's particularly rewarding to see the sales results reaching new benchmarks.

One thing that will never change is the sense of local community and as an example we hope you may have a chance over the holidays to check out the Naremburn community garden at the end of Bongalong Street. It's a thriving project which is testament to the dedicated work from many locals and one which we are very proud to support.

Whether we've helped you sell, buy, rent or welcomed you through one of our many open houses, we want to say a huge thank you for your support throughout 2013.

For any Real Estate advice, please feel free to contact Peter Chauncy on 0402 036 489.

McGrath Crows Nest

1A/29 Holtermann Street Crows Nest NSW 2065

Phone: 8115 0401

HEALTH MATTERS – Hay fever

Hay fever (also known as allergic rhinitis) is caused by an allergic reaction of the nose, throat and eyes to irritating particles in the air.

It can be either seasonal (usually in Spring) or perennial (present throughout the year). It is a common but not serious disorder. The main **symptoms** of hay fever are sneezing, an itchy and runny nose, an itchy throat and itchy or puffy eyes.

The airborne irritants are known as **allergens** and they react with the body's immune system and cause an allergic reaction. Common allergens include pollen, dust mites, cat and dog hair and some foods. Other causes are chemicals, cosmetics, alcohol and airconditioning. Many people do not know what they are allergic to. Hay fever can also be hereditary. Hay fever cannot be cured but most people are able to relieve their symptoms with **treatment**. This can include:

- avoiding the allergen if you know what it is
- smearing Vaseline inside your nose
- reducing exposure to house dust mites
- avoiding exposure to chemical irritants

Antihistamines (available over-the-counter) are quite effective in relieving the acute symptoms. They are available in tablet or syrup form and can be used in children over the age of 2 years. The newer antihistamines do not cause as much drowsiness as did the older ones.

Corticosteroid sprays (some need a prescription) help reduce inflammation and swelling in the nasal. They can be used continuously or intermittently.

Immunotherapy (desensitisation injections) is sometimes recommended if you cannot avoid the allergen and your symptoms are hard to control. This is a long process of several years.

Dr Raffi Sahagian
Willoughby Medical Practice

by chanelle

**Where did Chanelle
the beautician from
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Aura Hair & Body
Shop 3, 141 Walker St
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**For all your
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Have Progress Associations outlived their usefulness?

Some people question the usefulness of Progress Associations but the Naremburn Progress Association wants your ideas on how to make us more relevant to you.

Progress Associations have been around for a long time – indeed our Naremburn Progress Association is just celebrating its 112th birthday! So groups like these have a proud record of organising and being involved in various activities, but – and this is the oft-asked question – what do Progress Associations actually *do*? Apart from having meetings and being amenable social gatherings, do they actually achieve anything? Or is it really a case of ‘any organisation that’s been around for over 100 years must have outlived its usefulness’?

If we visit the Willoughby City Council (WCC) website we start to get some insight. Here we find:

“Progress associations are local resident associations, owned and run by their members. Any resident within the City of Willoughby is entitled to and welcome to become a member of their local progress association.

Progress associations meet on a regular basis to discuss matters of local concern and to put forward practical solutions. Issues commonly addressed include; traffic and parking, building developments, conservation of Willoughby's heritage, public transport, street lighting, graffiti, footpaths, the viability of local shopping areas, noise, street trees, parks and sporting facilities, and the preservation of Willoughby's natural environment.

They often communicate their concerns and suggestions to appropriate government departments, the local council or other relevant organisations.”
(WCC website)

Does this effort and interaction achieve anything? Well in fact, it does. The local Progress Associations have been very actively involved in such recent issues as:

- the Channel Nine site redevelopment proposal;
- the proposed NSW Planning Laws;
- the Willoughby Local Environment Plan review;

and have been an effective voice in reflecting local sentiment on these challenging and often complex debates. There are also a number of Committees which meet regularly to review such areas as traffic and parking and the use of our wonderful local parks and sporting facilities.

One of the challenges facing Progress Associations though, is how to continue to provide meaningful input into the various activities in the face of dwindling memberships and competition from other areas for that scarce commodity, your spare time. Most people live very busy lives, with little time for involvement in such things as Progress Association meetings. By the time the young family has been bathed, fed and put to bed, the last thing exhausted parents want to do is go out and spend a couple of hours listening to a few people drone on about some boring Committee meeting – right? Maybe that's a bit strong, but we acknowledge people are time poor, so understand it's difficult for working parents to attend meetings and be personally involved in many of the activities.

Continued on page 5

NAREMBURN

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Update on parking strategy for Willoughby

The issue of car parking in Naremburn is a vexed one but is there an easy solution?

Parking equity is a serious problem throughout many areas of Willoughby, including in residential Naremburn. Streets here have been used as long-term parking lots by non-residents for a considerable time. Willoughby City Council (WCC) does not currently support residents who pay for their on-street parking permits by restricting all non-resident parking to a few hours. Many sections are totally unrestricted.

This is against State Government guidelines, which clearly state that paid parking permits must be supported by restricted local parking. Residents have complained for years to have the applicable local signage changed from unrestricted to 'restricted' but always in vain.

The formal call for a review of parking within the Willoughby LGA started in 2010, when a notice of motion was put forward requesting that a parking management plan be developed. Finally, after several years, a draft WCC parking strategy was tabled at the council meeting on 4 November 2013, but any decisions were deferred until February 2014. There are planned to be multilayered consultations of all sorts and implementation is years away. We might be able to save WCC the need for protracted local consultation on this matter just by changing a few signs to restricted parking.

The draft WCC parking policy can be viewed under Agenda 21.1 at: www.willoughby.nsw.gov.au/Council-Meetings/Agendas---Minutes/General-Council-Meetings/4november2013/

Peter Bower
Oxley Street

Have Progress Associations outlived their usefulness?

Continued from page 4

So we're inviting you to send us any suggestions as to how we could amend the Progress Association so you could be more involved. We need to keep in mind that we cater for residents across the full spectrum of communications media – not everyone has access to online systems and some don't use email, so webinars etc aren't the answer, even if we could afford them.

Our financial resources are limited, but we would really be interested to hear suggestions from our readership as to how we could make the Naremburn Progress Association more relevant to you as a local resident, and how we could compete more effectively for your personal involvement in our activities. Strong Progress Associations do have a very effective voice at local and state levels, so the more involved you are the better we perform.

Please send any comments or suggestions to Naremburn Progress Association, PO Box 393, St Leonards NSW 1590 or email secretary@naremburnprogress.org.au.

Thanks for your attention, and on behalf of the Executive Committee may I wish you all a Happy and Blessed Christmas Season.

Roger Promnitz
Secretary, Naremburn Progress Association

Age is just a number

Try this simple test:

From standing, try to sit down on the floor with as little support as possible. Starting with a score of five, dock yourself a point for each hand, forearm, knee or side of leg you used to get down there.

Now give yourself another five points and stand up, scoring the same way. Your final score is a number out of ten, and if it's less than eight, take a seat before reading on.

Researchers have shown that people scoring less than eight are twice as likely to die in the next six years than those scoring higher.

The good news is you can do something about it. Resistance exercise can reverse sarcopenia (muscle loss), which otherwise reduces our muscle size by up to 1% per year after the age of 25. A group of older men and women who exercised with weights for a study actually gained 30% more muscle fibre in just 12 weeks.


Wondering where to start?

Take a walk – a brisk daily jaunt of 30 minutes or more with a wholesome diet is all you need for better heart health.


Need some extra motivation?

Uplift Fitness provides personal training using a range of level-appropriate resistance, cardio and mobility exercises, or small group training for those who like to exercise with a friend. Sessions take place in parks around the Naremburn area or if you prefer, in the privacy of your home.

Richard Gould
Uplift Fitness



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Maree's moved... up the road

Local hairdresser, Maree Delic, has recently relocated her hairdressing salon to the old Hockey's Real Estate shop.

I have been part of the Naremburn community for about 32 years. As a teenager, I used to work after school and on the weekends at the Naremburn hair salon and after I did my apprenticeship I was proud to open my own salon, also in Naremburn.

Over the years I have met so many lovely residents. A couple of my youngest customers from years ago are now grown up and work for me in the afternoons helping out in the salon.

One of the highlights of the year has always been the visit by Santa to the local shops. It is a thrill to see the happiness on the kids' faces and to experience the local community in action.

Recently I saw that Hockey's Real Estate were moving on and I jumped at the chance to relocate to their premises. It has fantastic light from all the windows and I get a chance to see the whole of Naremburn pass by. I've already moved in and there are just a few finishing touches to make to the space. If you are passing by, give me a wave or pop in for a chat.

I've got great plans for the new year and are planning to recruit a beautician so Maree's Hair and Beauty (note the new name!) will be your one-stop shop for all your beauty needs.

Have a great Christmas and Happy New Year!

Maree Delic
Maree's Hair and Beauty

A tale of two towers – the Channel 9 saga

As she sat on her family's front verandah on Dalleys Road, the late Dulcie Barret could see cows grazing on land that was once a dairy and would later become the Channel 9 site. Dulcie said the milk from Foster's Dairy was decidedly weak and was sometimes dryly referred to by locals as Foster's Lite.

The current Channel 9 site was part of three original five-acre land grants to Arthur Catlett, John Sylvester Ryan and Thomas Cronin in 1856. Catlett's land was subdivided for residential use in 1911. Ryan's and Cronin's land was not subdivided. Cronin's land was sold in 1904 to Robert Henry Foster, dairyman. He established 'St Leonard's Dairy'.

There were seven dairies in Willoughby prior to 1900 mostly in southern Willoughby. After Foster's Dairy was established two new dairies were established: J.R. Warner's 'Waratah Dairy' in 1914 and a second north of Robert Street. Two district deliveries were made each day. Residents took delivery of milk in their billy cans or saucepans. A Dairy Farmers' Depot operated in Peshurst Street from 1950.

In 1928 Foster claimed he was milking 180 hand-fed cows. Pictures held by the Department of Lands (1930 and 1934) show an iron milking shed on the site and Robert and wife Elizabeth's cottage on the northwest corner of their property fronting Artarmon Road (formerly Ryan Street). The dairy continued to operate until Foster's death in 1955. Elizabeth then subdivided the land into three lots:

- * Lot A – (over 2 acres) purchased by Television Corporation Limited, later TCN Channel 9 in 1955
- * Lot B – containing Foster's house was sold to TCN in 1961.
- * Lot C – fronting Flat Rock Creek comprising 2 acres was purchased by Willoughby Council in 1956.

In 1954 licences were granted to TCN9 and ATN7. The original TCN9 transmission tower (560 feet or 170 metres) was erected by an Italian company that had built many towers in Europe. Willoughby had been chosen in preference to Summer Hill because of the former's elevation. History was made on 16 September 1956 when the first television telecast was made, ironically from a temporary studio in St David's Church Hall, Darlinghurst, because the Willoughby studio was still under construction.

The location of the Channel 9 Centre set up a series of running battles with local residents who claimed its introduction affected the environment and quality of life especially when it expanded into Scott Street and Richmond Avenue. In the early '60s a new large transmission tower was built. Locals complained about the long delay in demolishing the original tower, which finally took place in 1977. The issues of electromagnetic radiation as a health hazard and noise from the Channel 9 helicopter were matters of concern that were discussed at length at Naremburn Progress Association meetings.

The present transmission tower will remain even once Channel 9 moves off the site as it is owned by a private consortium, not Channel 9.

Kevin FitzPatrick
Central Street

MAREE'S


Hair and Beauty

now at

282 Willoughby Road
Naremburn

9436 1551

Formerly known as Hair by Maree






The Flat Rock Brew Café

A place for locals to experience a relaxed atmosphere while enjoying tasty food and real beer.

Thank you to the Naremburn community for welcoming us — it has been a great first year for us getting to know you.


We hope you enjoy our:

-  beer brewed on premises
-  home-made soft drinks
-  tasty food menu, Thursday curry nights and kid-friendly options

We will be closed Christmas Day, Boxing Day and New Year's Day, and are open as usual Wednesday to Sunday throughout the festive period.

Please refer to our website for information and email frbc@flatrockbrewcafe.com.au for bookings/functions.

We wish you all a very Merry Christmas and a Happy New Year.

 Find us on Facebook
to keep up to date and 'Like' us!

9460 6696

290 Willoughby Road Naremburn



Naremburn Neighbourhood Watch

December 2013

Discovering Naremburn

You already know that the Warringah Freeway can have you in the city in five minutes; you know you can stroll Willoughby Road and choose from countless dining spots; but did you know you can walk to the harbour from Naremburn?

I can walk to Middle Harbour in fifteen minutes via Cammeray, but taking the off-road route from Naremburn through to Tunks Park is worth doing at least once. Allow 2 hours for the round trip, and you will be rewarded with an eyeful of lush greenery and a lungful of fresh air.

Home to Willoughby Leisure Centre, Hallstrom Park and Bicentennial Reserve, the Willoughby parklands are bordered by Garland Road, Willoughby Road, Small Street and Brook Street. Popular with joggers, walkers and cyclists, it's a superhighway of energy at first light as locals take their morning exercise.

Pass Henry Lawson's Cave (he used to 'retire' here after a visit to the Crows Nest Hotel), and follow the path through the tunnel under Flat Rock Gully Drive (aka Brook St). The city becomes a distant memory as you wind down towards Flatrock Gully Reserve, with rainforest-like foliage and a running creek.

You will find yourself walking under the stunning Cammeray Suspension Bridge — possibly with no one else in sight — alongside three playing fields laid out head to head, before reaching Tunks Park at Cammeray. With a boat ramp, BBQ facilities and playground, Tunks Park is your gateway to the harbour.

Take in the harbour views, boats coming in and out of the water and dogs loving their leash-less state, before heading back to Naremburn. You can take the bush route home again or for a quicker return journey, take The Boulevard or Lower Cliff Avenue out of Tunks Park and enjoy an energising uphill walk, with plenty of cliff-top properties to admire.

Recent Activity

As everyone is probably aware there was a nasty assault on Willoughby Rd on the evening of Saturday 9th November. Details can be found at:

<http://www.abc.net.au/news/2013-11-13/anglican-rector-recovering-after-bashing-outside-sydney-church/5088152>

At this time we have no other information regarding any activity in our area in recent months.

If anyone has any information please forward this to the Chatswood Detectives.

Change of area coordinator

After more than 13 years as the Neighbourhood Watch Area Coordinator for Naremburn I have decided to stand down.

Unfortunately I am unable to provide any information at this time as to a replacement or further activity or changes. If anyone is interested in taking on this role, please contact Chatswood Police Station.

I would like to thank the Naremburn Community for their support and assistance over the years. I would also like to specially thank both Matt Jewel and Jeff Bell from Chatswood police for their excellent support and assistance for many years, it has been greatly appreciated by both the NHW team and the community.

Christmas tips

It is that time of year again when a lot of people head off on holidays.

Statistics show that thieves are more active during the warmer months, when it is more pleasant to be out at night, when twilight is longer and also when people are more likely to sleep with windows and doors open.

Christmas is a particularly busy time as thieves are aware that people have bought presents to give or, a little later on, have received presents. They are also aware that these goodies may be left unattended for some time while people are on holidays. So, to prevent being a victim here are our best tips:

- Let trusted neighbours know when you will be away and ask them to keep an eye on your place.
- Place your property on the police vacant houses register – the patrol cars will go past if they have time and the police will know, if something does occur, that the house is unattended and where to contact you.
- Ask neighbours or friends to mow the lawn, bring the mail in, manage the bins and make sure newspapers and the like are not left around.
- If not the neighbours, arrange a lawn mowing service.
- Get to know your neighbours with a street party. We have one in our street and the sense of community is fabulous.
- Have lights set with timers to turn on and off at times that match your usual movements.
- Don't leave doors and windows unlocked when you are unable to monitor them effectively as thieves have been known to enter homes when people are obviously at home.
- If you need the breeze, invest in some window locks that allow the window to be locked in position with a small opening.

All the best, everyone, and I hope you have a lovely Christmas and a great 2014.

Sue Howes
Bongalong Street

Ali Millgate
Wheatleigh Street



**CATHOLIC
PARISH OF
LOWER NORTH
SHORE**

**2013
CHRISTMAS
MASS TIMES**

For further information
contact the Parish Office on:
office@lns.org.au

Christmas EveTuesday

St Leonard's Naremburn

9:00am Mass
6:30pm Carols for 7:00pm Vigil Family Mass
(Children welcome to come as Angels and Shepherds)
11:30pm Carols for 12mn Midnight Mass ~ hosted
by PNG Chinese Community

St Philip Neri Northbridge

6:30pm Carols and Pageant for 7:00pm Outdoor
Vigil Family Mass
(Children welcome to come as Angels and Shepherds)

St Thomas' Willoughby

9:15am Mass
6:00pm Vigil Family Mass
(Children welcome to come as Angels and Shepherds)
11:30pm Carols for 12mn Midnight Mass

Christmas DayWednesday

St Leonard's Naremburn

8:00am Mass
10:00am Carols for 10:30am Mass

St Philip Neri Northbridge

9:00am Mass

St Thomas' Willoughby

7:30am Mass
9:30am Mass

Second Rite of Reconciliation:

Willoughby: Thursday 19 December 7:30pm

First Rite of Reconciliation:

Naremburn: Saturday 21 December 9:30am – 11:00am
Northbridge: Saturday 21 December 9:30am – 11:00am
Willoughby: Saturday 21 December 9:45am – 11:00am

New Year's EveTuesday

St Thomas' Willoughby ~ 12mn Midnight Mass

Naremburn Community Centre Activities

The Naremburn Community Centre is being progressively closed for renovations and it should reopen early in 2014. Activities that normally take place at the Community Centre will be relocated until it reopens. For any information about the location of activities, contact the relevant organizer.

Naremburn Progress Association

2nd Thursday (except Jan & Jul)
7:30 pm
0416 161 536 (Frances O'Brien)

Playgroup

Wednesday – for children 5 and under
9:30 am to 11:30 am
0448 709 834 (Christie Tran)
Thursday – for children under 1
10:30 am to 12:30 pm
(School Term only)
naremburnplaygroup@gmail.com

Northern Suburbs Philatelic Society

3rd Thursday, 7:45 pm
Visitors always welcome
9419 7354 (Paul Storm)

Breast Feeding Association

1st Tuesday
10:00 am to 12 noon
abamns.contact@gmail.com

Willoughby Community Pre-School

Monday to Friday
9:00 am to 3:00 pm
(School Term only)
9437 4260

Naremburn Library

Mondays – 2:30 pm to 5:00 pm
Thursdays – 2:30 pm to 5:00 pm
Saturdays – 9:30 am to 12 noon
9439 5584

7 Central Street



Channel 9 Redevelopment

It's encouraging to see that there has been some progress regarding the Channel 9 redevelopment, with the redraft proposal of 450 dwellings representing a significant achievement for the community thus far.

However, many of you have already expressed concerns to me about the significant increase in traffic that even a site this size will bring and the extra pressure it will put on the

already limited public transport facilities we have in Naremburn (especially along the Willoughby Rd bus corridor).

At the recent community protest meeting at Artarmon Community Hall, the community passed a unanimous motion calling on the Planning Assessment Commission to reject Nine's latest proposal, reaffirm the community's objection to the scale and density of Nine's recent proposal and stress the strong community support for limiting the number of apartments on the site to 300. While this will still lead to a substantial increase in traffic and transport problems, I will be actively lobbying on the community's behalf to State Government to ensure these problems are not overlooked.

There is a strong argument for the Council and community's proposal of a maximum 300 units and I can assure you that as one of your Naremburn ward Councillors, I will be joining with other community activists to strongly press this case in 2014.

Library News

It's time to say goodbye to our tired old Naremburn library which will be temporarily closing its doors from Saturday 23 November, 2013 to make way for a beautiful new library and community space scheduled to open in March, 2014.

Unfortunately, for practical reasons, there will be no returns at Naremburn during the renovations but all Library items can be returned to Chatswood Library at The Concourse, or any of the other four Library branches at Artarmon, Castle Cove, Northbridge and West Chatswood.

While the Naremburn library is closed however, I'd encourage you to check out a wonderful new feature that is available to our library members called **Zinio**.

Zinio is an online platform offering digital access to thousands of popular magazines. Through the Shorelink Library Network, you can now download over 135 magazine titles for free!

Digital editions of popular magazines can be downloaded and viewed on your desktop computer, laptop, iPad, iPhone or Android powered device.

You will need to register for access to the Shorelink Zinio Library using your library card number, and create a Zinio account using your email address. Instructions on setting this up can be found by Googling "Zinio Willoughby Library".

I'd love to hear your feedback on this service. As Councillors we really try hard to provide interesting and relevant services for the residents, I hope you enjoy this one as much as I am!

Happy Holidays

Finally, on behalf of Councillors Sloane, Coppock and myself I'd like to take this opportunity to wish you all a happy and safe holidays.

As always I'd love to hear from you if you have any ideas or concerns about Naremburn.

I look forward to seeing you around Naremburn. Please come and say hi!

Cr Nic Wright

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Twitter: @CouncillorNic

